

CHILDREN'S GAMES FOR PRESCHOOL AND BEYOND

AOSA National Conference, 2018: Presented by Doug Goodkin (www.douggoodkin.com)

This workshop will draw from the following possibilities:

Class 1: Games and variations

1. Getting onto the floor: *Everyone Born in January*
2. In the circle: Sitting postures/ criss-cross applesauce / names
3. Clap play: *Miss Mary Mack* and variations
4. Getting up from circle: *Old King Glory*
5. *Bow Belinda*: free choreography/ fixed
6. *Step Back Baby*: clap-play/ movement/ drama

Class 2: Variations on 1-2-3

1. *Bate Chocolate* (Mexico)—Diminishing phrases
2. *Seven Steps* (Germany)—Dance and body percussion
3. *Uno Due Tre* (Italy)—6/8 “Juba” rhythms
4. *Sasha* (Russia)— Changing partners
5. All pieces on drums with two or three sounds
6. *One-Two-Three (U.S.)*— Composing in elemental style

Class 3: Orff Instruments

1. One-Two-Three
2. The Secret Song with video

Related books by Doug Goodkin

ALFRED PUBLISHERS

- *Name Games*
- *A Rhyme in Time*
- *Sound Ideas*

PENTATONIC PRESS

- *Intery Mintery*
- *Now's the Time*
- *All Blues*

BATE CHOCOLATE

MEXICAN CHILDREN'S RHYME

DOUG GOODKIN

Musical notation for the first system, consisting of two staves in 4/4 time. The top staff has a treble clef and a key signature of one flat. The bottom staff has a bass clef. The melody in the top staff consists of quarter notes with accents, and the bass line in the bottom staff consists of quarter notes. The lyrics are: UN DOS TRES UN DOS TRES UN DOS TRES UN DOS TRES. Above the first four measures, the syllables CHO!, CO!, LA!, and TE! are written.

Musical notation for the second system, starting at measure 5. It features two staves in 4/4 time. The top staff has a treble clef and a key signature of one flat. The bottom staff has a bass clef. The melody in the top staff consists of eighth notes, and the bass line in the bottom staff consists of eighth notes. The lyrics are: SA TE SA TE CHO CO LA TE SA TE SA TE CON AR ROZ Y CON TO MA TE CHO CO LA TE CON TO MA TE. The first measure of the top staff has a measure rest.

Musical notation for the third system, starting at measure 9. It features two staves in 4/4 time. The top staff has a treble clef and a key signature of one flat. The bottom staff has a bass clef. The melody in the top staff consists of eighth notes, and the bass line in the bottom staff consists of eighth notes. The lyrics are: SA TE LA TE ROZ Y MA TE SA TE SA TE CHO CO LA TE CON AR ROZ Y CON TO MA TE! SA TE CHO CO CON A - CON TO SA TE SA TE CHO CO LA TE CON AR ROZ Y CON TO MA TE!. The first measure of the top staff has a measure rest.

BOW BELINDA

AMERICAN PLAYPARTY



2. SWING YOUR PARTNER, OH BELINDA (3x) WON'T YOU BE MY DARLING.
3. DO-DI-DO, OH BELINDA...
4. FRONT COUPLE DOWN, OH BELINDA...
5. PROMENADE, OH BELINDA...
6. UNDER THE TUNNEL, OH BELINDA...
7. CLAP YOUR HANDS, OH BELINDA...

DIRECTIONS: TWO LINES FACING EACH OTHER, EACH ACROSS FROM A PARTNER.

FIRST VERSE, 3 STEPS TO CENTER AND BOW, BACK HOME, IN AGAIN, OUT AGAIN

SECOND VERSE: SWING PARTNER WITH RIGHT ELBOW SWING FIRST TWO PHRASES, LEFT NEXT PHRASE AND HOME

THIRD VERSE: CIRCLE AROUND EACH OTHER BACK-TO-BACK, FIRST TO THE RIGHT, THEN LEFT

FOURTH VERSE: FRONT COUPLE HOLDS HANDS AND GALLOPS DOWN THE CENTER AND BACK

FIFTH VERSE: EACH IN FRONT COUPLE MARCHES TO THE BOTTOM OF THE SET WITH THEIR LINE FOLLOWING
AND MAKE A TUNNEL WITH THEIR ARMS WHEN THEY MEET

SIXTH VERSE: NEXT PERSON IN EACH LINE MEETS PARTNER IN FRONT OF THE TUNNEL AND GOES THROUGH
MARCHING TO THE NEXT SPOT IN THE LINE

SEVENTH VERSE: A HOLDING PATTERN WITH CLAPPING AND STAMPING ONE FOOT WHILE ALL GET SITUATED.
WHOLE DANCE REPEATS WITH NEW FRONT COUPLE.

EVERYONE BORN IN JANUARY

Caribbean

5

E-v'ry one born in Ja-nu-ar-y skip a round. E-v'ry one born in Ja-nu-ar-y skip a-round


Tra la la la la la la Tra la la la la la la E-v'ry one born in Ja-nu-ar-y skip a-round.

The image shows two staves of musical notation in 4/4 time. The first staff contains two measures of music with lyrics underneath. The second staff, starting with a measure rest '5', contains three measures of music with lyrics underneath. The notation includes eighth and sixteenth notes, rests, and a double bar line at the end of the second staff.

Sing "Everyone born in February skip around" and continue like this for each month of the year, adjusting rhythm as necessary. All dance in a circle, moving right for the first two phrases, stopping to "pat pat clap-clap-clap" on the third phrase, going in four steps to the center and out four on the last phrase. All born in the month sung go into the center and skip in the opposite direction for first two phrases, stop and clap hands of other people born in that month (if any) and then return to the circle for the last phrase. After all 12 months are sung, sing one more time, "Everyone in the room skip around..." Find all people in birthday month on the third phrase and return to the circle with them on the last phrase.


MISS MARY MACK

AMERICAN CHILDREN'S GAME



MISS MA - RY MACK MACK MACK, ALL DRESSED IN BLACK BLACK BLACK, WITH SIL - VER
MOTHER MOTHER MOTHER, FOR FIF - TEEN CENTS CENTS CENTS, TO SEE THAT
HIGH HIGH HIGH, HE TOUCHED THE SKY SKY SKY AND DIDN'T COME

3



BUT-TONS BUT-TONS BUT - TONS ALL DOWN HER BACK BACK BACK, SHE ASKED HER
ELEPHANT, ELEPHANT, ELEPHANT, GO JUMP THE FENCE, FENCE, FENCE, HE JUMPED SO
BACK BACK TILL THE 4TH OF JU - LY LY LY (DON'T LIE!)

BEAT 3 1/2: CROSS ARMS ACROSS CHEST

BEAT 4: PAT KNEES

BEAT 4 1/2: CLAP HANDS

BEAT 1: RIGHT HAND ACROSS TO PARTNER

BEAT 1 1/2: CLAP HANDS

BEAT 2: LEFT HAND ACROSS TO PARTNER

BEAT 2 1/2: CLAP HANDS

BEAT 3: BOTH HANDS WITH PARTNER

OLD KING GLORY

CHILDREN'S GAME

Musical notation for the first system of the song. It consists of a grand staff with a treble clef and a bass clef, both in 6/8 time. The melody is in the treble clef, and the piano accompaniment is in the bass clef. The lyrics are: OLD KING GLO-RY OF THE MOUN - TAIN THE MOUN-TAIN WAS SO HIGH IT

7

Musical notation for the second system of the song. It consists of a grand staff with a treble clef and a bass clef, both in 6/8 time. The melody is in the treble clef, and the piano accompaniment is in the bass clef. The lyrics are: NEAR - LY TOUCHED THE SKY THE FIRST ONE THE

10

Musical notation for the third system of the song. It consists of a grand staff with a treble clef and a bass clef, both in 6/8 time. The melody is in the treble clef, and the piano accompaniment is in the bass clef. The lyrics are: SE - COND ONE THE THIRD FOL - LOW ME.

ONE POTATO

TRADITIONAL ADAPTED BY DOUG GOODKIN

VIBRAPHONE

MARIMBA

PIANO

ONE PO-TA-TO, TWO PO-TA-TO, THREE PO-TA-TO FOUR. FIVE PO-TA-TO, SIX PO-TA-TO,

TA - TOES, I WANT PO - TA - TOES, I NEED PO - TA - TOES, GIVE ME A

Detailed description: This system contains the first three staves of the score. The Vibraphone staff has a treble clef and a 4/4 time signature, with a key signature of one sharp (F#). The Marimba staff has a bass clef and a 4/4 time signature. The Piano staff has a grand staff (treble and bass clefs) and a 4/4 time signature. The lyrics are written below the Marimba staff.

4

VIB.

MAR.

PNO.

SE-VEN PO - TA - TO MORE. MASHED PO - TA - TO

THAT'S ONE PO-TA-TO!

SWEET PO - TA - TO, TA - TOES, I WANT PO - TA - TOES, I NEED PO -

Detailed description: This system contains the next three staves. It begins with a measure rest for 4 measures. The Vibraphone staff has a treble clef and a 4/4 time signature. The Marimba staff has a bass clef and a 4/4 time signature. The Piano staff has a grand staff and a 4/4 time signature. The lyrics are written below the Marimba staff. A double bar line with repeat dots is present after the first measure of the second system.

7

VIB.

MAR.

PNO.

CRISP FRENCH FRIES- SCAL-LOPED PO - TA-TOES

THAT'S TWO PO - TA - TOES! THAT'S

TA - TOES, GIVE ME A SWEET PO - TA - TO, TA - TOES, I WANT PO -

Detailed description: This system contains the final three staves. It begins with a measure rest for 7 measures. The Vibraphone staff has a treble clef and a 4/4 time signature. The Marimba staff has a bass clef and a 4/4 time signature. The Piano staff has a grand staff and a 4/4 time signature. The lyrics are written below the Marimba staff.

VIB.
 GIVE ME MY PO-TA-TO OR I'LL GO OUT THE DOOR.

MAR.
 THREE PO-TA-TOES! GIVE ME MY PO-TA-TO OR I'LL GO OUT THE DOOR.

PNO.
 TA - TOES. I NEED PO - TA - TOES. GIVE ME A SWEET PO - TA-TO.

VIB.
 WE LIKE PO - TA-TOES. WE EAT THEM EV'-RY DAY

MAR.
 MASHED PO - TA-TO THAT'S ONE PO-TA-TO! CRISP FRENCH FRIES - THAT'S

PNO.
 ONE PO-TA-TO, TWO PO - TA-TO, THREE PO-TA-TO FOUR. I WANT FIVE PO-TA-TO, SIX PO-TA-TO,

VIB.
 WE LIKE PO - TA-TOES. WE

MAR.
 TWO PO - TA-TOES! SCAL-LOPED PO-TA-TOES THAT'S THREE PO-TA-TOES!

PNO.
 SE-VEN PO-TA-TO MORE. I NEED ONE ONE PO-TA-TO, TWO PO - TA-TO, THREE PO-TA-TO FOUR. GIVE ME FIVE

19

The musical score consists of three staves. The top staff is for Violin (Vib.), the middle for Maracas (MAR.), and the bottom for Piano (PNO.). The key signature is one sharp (F#) and the time signature is 4/4. The score is divided into three measures. The first measure contains the lyrics 'COOK THEM EV'-RY WAY.' and 'GIVE ME MY PO-TA-TO OR I'LL'. The second measure contains 'GO OUT THE DOOR.' and 'ONE PO-TA-TO, TWO PO-TA-TO, THREE PO-TA-TO FOUR.'. The third measure contains 'PO-TA-TO!' and 'GO OUT THE DOOR.' and 'THREE PO-TA-TO FOUR.'. A first ending bracket is placed over the first two measures. The piano accompaniment features a steady eighth-note bass line and chords in the right hand.

VIB. COOK THEM EV'-RY WAY. PO-TA-TO!

MAR. GIVE ME MY PO-TA-TO OR I'LL GO OUT THE DOOR. GO OUT THE DOOR.

PNO. ONE PO-TA-TO, TWO PO-TA-TO, THREE PO-TA-TO FOUR. THREE PO-TA-TO FOUR.

ONE TWO THREE (DO PENTATONIC)

♩ = 100

GLOCKENSPIEL

XYLOPHONE

METALLOPHONE

BASS XYLOPHONE

ONE, TWO, THREE MOTH - ER CAUGHT A FLEA

GLOCK.

XYL.

METALLOPHONE

3

1. 2.

FLEA DIED, MOTH-ER CRIED, ONE, TWO THREE. ONE, TWO THREE.

SASHA

RUSSIAN FOLK SONG/ DANCE

PIANO

SA-SHA SA-SHA RAS DVA TRI RIGHT RIGHT RIGHT LEFT LEFT LEFT CLAP CLAP CLAP_

Detailed description: This system contains the first seven measures of the piano accompaniment. The music is in 2/4 time with a key signature of one flat (B-flat). The melody is primarily composed of eighth and quarter notes, often beamed together. The bass line consists of simple chords and single notes. Measure 7 ends with a double bar line and repeat dots.

8

PNO.

BOTH BOTH BOTH SWING PARTNER SWING PARTNER TURNING RIGHT TURNING LEFT WALK FREELY

Detailed description: This system contains measures 8 through 13. Measure 8 begins with a double bar line and repeat dots. Measures 9 and 10 feature a key signature change to two sharps (D major). Measures 11 and 12 contain a 4-measure rest. Measure 13 ends with a double bar line and repeat dots.

14

PNO.

THROUGH ROOM GIVING THE "QUEEN'S WAVE" CHOOSE NEW PARTNER AT THE END

Detailed description: This system contains measures 14 through 19. The melody continues with eighth and quarter notes. The bass line provides harmonic support with chords and moving lines. Measure 19 ends with a double bar line and repeat dots.

20

PNO.

Detailed description: This system contains measures 20 through 24. The musical notation continues with a consistent rhythmic and harmonic pattern. Measure 24 ends with a double bar line and repeat dots.

25

PNO.

Detailed description: This system contains measures 25 through 29. The music concludes with a final cadence in measure 29, marked by a double bar line and repeat dots.

SEVEN STEPS

GERMAN FOLK SONG

PIANO

EINS ZWEI DREI VIER FUNF SECHS SIE-BEN EINS ZWEI DREI VIER FUNF SECHS SIE BEN EINS ZWEI DREI

The first system of music is for piano. It consists of five measures. The melody is in the treble clef, and the accompaniment is in the bass clef. The key signature has one flat (B-flat), and the time signature is 2/4. The lyrics are: EINS ZWEI DREI VIER FUNF SECHS SIE-BEN EINS ZWEI DREI VIER FUNF SECHS SIE BEN EINS ZWEI DREI.

6

PNO.

EINS ZWEI DREI EINS ZWEI DREI VIER FUNF SECHS SIE - BEN EINS ZWEI DREI

The second system of music is for piano. It consists of four measures. The melody is in the treble clef, and the accompaniment is in the bass clef. The key signature has one flat (B-flat), and the time signature is 2/4. The lyrics are: EINS ZWEI DREI EINS ZWEI DREI VIER FUNF SECHS SIE - BEN EINS ZWEI DREI.


10

PNO.

EINS ZWEI DREI EINS ZWEI DREI VIER FUNF SECHS SIE - BEN

The third system of music is for piano. It consists of three measures. The melody is in the treble clef, and the accompaniment is in the bass clef. The key signature has one flat (B-flat), and the time signature is 2/4. The lyrics are: EINS ZWEI DREI EINS ZWEI DREI VIER FUNF SECHS SIE - BEN. The system ends with a double bar line and repeat dots.

STEP BACK, BABY

Improvising Scale: 

AFRICAN-AMERICAN CHILDREN'S GAME
ARRANGED BY DOUG GOODKIN

SWING RHYTHM



VOICE
Not last night but the night be- fore
Twen-ty four rob- bers came knock- in' at my door

AG.
AX.
BB.
COWBELL
HI-HAT
RIDE
CYMBAL

Step back ba - by step back

- | | | |
|--|--|---|
| 2. I went down to let them in.
Step back, baby, step back.
I hit 'em in the head with a rollin'
pin.
Step back, baby, step back. | 3. I picked up a fryin' pan.
Step back, baby, step back.
You should have seen how those
robbers ran.
Step back, baby, step back. | 4. Some ran East and some ran
West.
Step back, baby, step back.
Some flew over the cuckoo's nest.
Step back, baby, step back. |
|--|--|---|

UNO DUE TRE

ITALIAN RHYME

UN - O DU - E TRE TE CHO - CO - LA - TE CA - FE

The first system of music is in 6/8 time and consists of three measures. The melody is written on a single staff with lyrics underneath. The first measure contains the notes G4, A4, B4, and C5, with lyrics 'UN - O DU - E'. The second measure contains a quarter rest followed by a quarter note G4, with lyrics 'TRE'. The third measure contains the notes D5, C5, B4, A4, G4, and F4, with lyrics 'TE CHO - CO - LA - TE CA - FE'. The piece ends with a double bar line and repeat dots.

5
TE CHO - CO - LA - TE E TE CHO - CO - LA - TE E TE CHO - CO - LA - TE CA - FE

The second system of music is in 6/8 time and consists of four measures. It begins with a measure rest labeled '5'. The melody is written on a single staff with lyrics underneath. The first measure contains the notes G4, A4, B4, and C5, with lyrics 'TE CHO - CO - LA - TE E'. The second measure contains the notes D5, C5, B4, and A4, with lyrics 'TE CHO - CO - LA - TE E'. The third measure contains the notes G4, A4, B4, and C5, with lyrics 'TE CHO - CO - LA - TE CA - FE'. The fourth measure contains a quarter rest followed by a quarter note G4, with lyrics 'FE'. The piece ends with a double bar line and repeat dots.